

NEIGHBORHOOD NEWS

MAY 2010

**ORCHARDS OF HOPEWELL
FLAG DEDICATION**

**BRANNON OAK FARM
BINGO**

**EAST CHEROKEE
COOK OUT**



LETTER FROM THE EDITOR

Last month our family travels took us on our first trip to Dauphin Island, Ala. There is nothing on the island but the bare minimums. It was the perfect place to relax and enjoy the Gulf; we were even able to spot some passing dolphins while we relaxed on the porch. We rented a house that was on stilts and literally about 50 steps to the ocean – what a view. Fort Gaines is on the island, and the kids always enjoys going and seeing “old stuff.” I am glad they both have Brad’s love of history because until I reached my 30’s, I had no interest in the past.



Isabelle and Jackson Easter Sunday

Jackson still loves playing baseball, and he is actually quite good. It is funny to see him out there on the field. You would think he is playing in the major leagues the way he stands “ready” for the ball. Baseball has been good for Brad, too. After work “the boys” go play catch or hit balls.

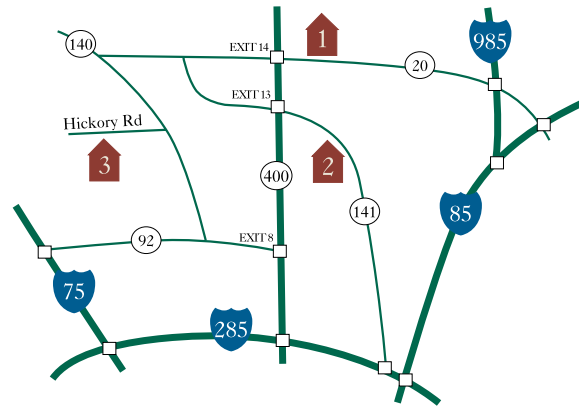
Isabelle got to move up to the next level for gymnastics, so she is really excited! She is doing really well and enjoying it. She is signed up for cheerleading for Cherokee Youth Football and starts to practice this summer to cheer for the 6-year-old football players. She is over the moon excited – mostly about the cheer uniform at this point! Isabelle also signed up for the school talent show this month, and she has already put together a dance. I am happy she is starting to get some confidence and slowly emerge from her shell.

We have had a beautiful spring and been able to utilize the outdoor areas of the clubhouse during our meet and greets. As usual, our meet and greets were tons of fun. We had live music and sat poolside with hors de oeuvres; it doesn’t get much better than that!

As always, happy reading and enjoy the sunshine!

Stacy Wheelus
678-795-0200 ext. 210

1. The Orchards of Habersham Grove. ONE MORE BUILDING TO GO! As we approach the **Grand Finale** at Habersham Grove, we're excited to have recently completed our second to last building. With just one more to go, Habersham Grove is now offering **Grand Finale** pricing. Save thousands on any of our exciting finished inventory homes, all ready for immediate move in! Come see the new **Ashewood with screened porch** and **Charleston** floor plans. We have homes with bonus rooms, attic storage areas and sunrooms. Come visit today for incredible savings! Tour the trademark of all The Orchards neighborhoods: The Grand Clubhouse, which provides the focal point for dinner parties, games and cards nights and so much more. Close to shopping, restaurants, Northside Hospital (Forsyth) and everything else you could ever need. Just 1 mile from Ga 400, Exit 14 (Ga. Hwy 20). **Model Home: 678-455-8101**



2. The Orchards of Brannon Oak Farm. STRONG SALES! We are excited to announce that we sold nine homes in the month of March, paving the way for plenty of new construction starts. Come see two new model homes, one of which is a brand new floorplan at Brannon Oak Farm. **The Cypress** is a new addition to our "Master on the Main" Villa series. Featuring an exciting gourmet kitchen, large living room with vaulted ceiling and an extended dining room, this plan offers so much for your dollar. Upstairs we feature a loft, plus a very large guest bedroom and bath suite as well as considerable finished and unfinished storage areas. Come see what all the excitement is about as Brannon Oak Farm continues to be the most highly demanded active adult community in our area. Prices range from the \$260s – high \$300s. 1.5 miles East of GA 400, Exit 13 in Forsyth County. Just 1 mile from The Avenue of Forsyth. **Model Home: 678-513-8879**



The Grand Clubhouse

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3. The Orchards of East Cherokee. WINSTON PLAN NOW READY TO TOUR! The brand new Winston is a wonderful single-level ranch plan now with the addition of true walk-up storage. Affordably priced from \$278,000, this home is sure to please. Additional finished inventory includes ranch condominium Village Homes from \$199,900 and single family Gallery Homes from the \$270s. You are invited to come visit The Orchards of East Cherokee today to see how this quiet, tree lined neighborhood is still convenient to everything you need. The Orchards of East Cherokee is centrally located between Roswell, Alpharetta, Woodstock and Canton, with the largest Kroger in Cherokee Country located directly across the street. And don't forget to see our two brand new professionally decorated model homes. **LOW MAINTENANCE GALLERY HOMES and MAINTENANCE-FREE VILLAGE HOMES AWAIT YOUR VISIT.** We're right off the intersection of Highway 140 and Hickory Road. **Model Home: 770-345-5409**



The Charleston Gourmet Kitchen



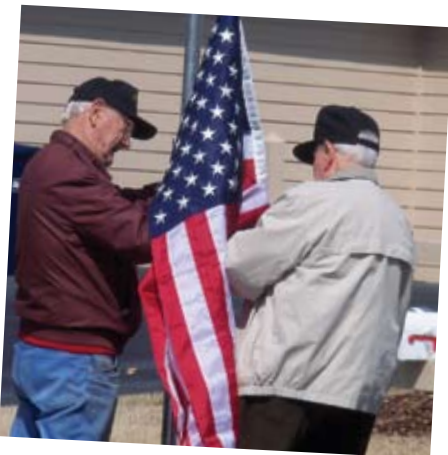
East Cherokee Street Scene



The Orchards of
East Cherokee
Now Selling

Cookout

Even though the pollen kept us
from dining outside we had a
delicious BBQ chicken cookout
with yummy sides.



*The Orchards of Hopewell
Sold out in 2000
Flag dedication
Homeowners came out to see the
dedication of a new community
flag pole. Several World War II
veterans were in attendance along
with Korean War and Vietnam
veterans. Thank you, gentlemen,
for serving our country!*



Explore Florida's Forgotten Coast: Apalachicola and St. George Island

Highly valued for its well-preserved, unspoiled natural environment, Franklin County, Fla., boasts some of the state's most beautiful natural and cultural resources. Visitors to the area regularly say, "This is what Florida used to be like."

The county's vast expanse of national and state forests, accompanied by a seemingly endless supply of protected shallow bays, pristine beaches and miles of peaceful river make it a wonderful retreat for those who want to get away from it all. Combine all of this with some of the best seafood in the country, a touch of historic nostalgia and some of the friendliest residents you'll ever run into and your stay is sure to be pleasurable.

Activities here revolve around the natural environment. Canoeing, kayaking, fishing, boating and biking are all very popular activities. Visitors can take a leisurely sail on Apalachicola Bay or a trip across the Bay to one of the barrier islands - St. Vincent Island National Wildlife Refuge, Cape St. George State Preserve and Dog Island. Daily trips up the Apalachicola River let visitors see the historic Apalachicola waterfront and learn about the

role the river has played in the area's history and economy. If you should chose to forgo a guided trip, you can always rent a kayak, canoe or boat and forge ahead on your own.

Wildlife enthusiasts enjoy the St. Vincent National Wildlife Refuge, a haven for endangered wildlife. Accessible only by boat, visitors can take a tour of the island where they'll likely encounter young ospreys in the nest, evidence of sea turtles laying eggs, or young bald eagles beginning to test their wings. To learn more about migratory birds, sea turtles and estuarine productivity, visitors can stop at the Apalachicola National Estuarine Research Reserve. The reserve covers more than 246,000

always great fun. Bike rentals are available both on the beach and in the historic district. If all this sounds just a bit too active, how about a relaxed stroll down a deserted beach or along the tree-lined streets of historic Apalachicola?

St. George Island

If you are a beach lover who doesn't care for the crowds but love beautiful shorelines, St. George Island provides the perfect utopia. This 28-mile barrier island has some of the most beautiful and serene beaches in Florida. The east end of the island is Julian C. Bruce State Park. With over nine miles of beach front, the park boasts the longest front beach front of any state park in Florida.

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PLAN YOUR GETAWAY

www.apalachicolabay.org • <http://seestgeorgeisland.com>

St. George Island Visitor Center & Lighthouse Museum

850-927-7744

acres and is the second largest estuarine reserve in the nation. The Bay and its many islands provide an important stopover for both migrating birds and butterflies.

Land based adventures include trips into the expansive Apalachicola National Forest or Tate's Hell State Forest. Here visitors can enjoy hiking, hunting and fishing in thousands of acres of primitive forests. Whether your staying on the beach or touring the historic district, peddling about is

Rent your own private beach home on our unspoiled pristine shoreline through one of our local realty companies. A variety of beach homes are available for rent in all price ranges. Lodging is also available at two Island hotels. The Island is also very pet-friendly. Well-behaved dogs are welcome on the beaches, and cats and dogs are allowed in many of the rental homes.

Source: www.apalachicolabay.org



Brannon Oak Farm
Now Selling

Bingo

Sixty homeowners came out
for competitive bingo. These
folks are serious bingo players!

JUST ENOUGH FOR YOU

Understanding Food Portions

What's the difference between a portion and a serving?

A “portion” is how much food you choose to eat at one time, whether in a restaurant, from a package or in your own kitchen. A “serving” size is the amount of food listed on a product's Nutrition Facts. Sometimes, the portion size and serving size match; sometimes they do not. Keep in mind that the serving size on the Nutrition Facts is not a recommended amount of food to eat. It is a quick way of letting you know the calories and nutrients in a certain amount of food.

The U.S. Food and Drug Administration (FDA) Nutrition Facts information is printed on most packaged foods. It tells you how many calories and how much fat, carbohydrate, sodium, and other nutrients are available in one serving of food. Most packaged foods contain more than a single serving. The serving sizes that appear on food labels are based on FDA-established lists of foods.

The portion size that you are used to eating may be equal to two or three standard servings. Take a look at the Nutrition Facts for macaroni and cheese. The serving size is 1 cup, but the package actually has 2 cups of this food product. If you eat the entire package, you are eating two servings of macaroni and cheese—and double the calories, fat, and other nutrients in a standard serving.

How do I know how big my portions are?

To see how many servings a package has, check the “servings per container” listed on its Nutrition Facts. You may be surprised to find that small containers often have more than one serving inside.

Learning to recognize standard serving sizes can help you judge how much you are eating. When cooking at home, look at the serving sizes listed on

the Nutrition Facts for the packaged food products you eat. Use measuring cups and spoons to put the suggested serving size on your plate before you start eating. This will help you see what one standard serving of that food looks like compared to how much you normally eat.

It may also help to compare serving sizes to everyday objects. For example, 1/4 cup of raisins is about the size of a large egg. Three ounces of meat or poultry is about the size of a deck of cards. See other serving size comparisons below. (Keep in mind that these size comparisons are approximations.)

SERVING SIZES Everyday Objects

1 cup of cereal = a fist

1/2 cup of cooked rice, pasta,
or potato = 1/2 baseball

1 baked potato = a fist

1 medium fruit = a baseball

1/2 cup of fresh fruit = 1/2 baseball

1 1/2 ounces of low-fat or fat-free cheese
= 4 stacked dice

1/2 cup of ice cream = 1/2 baseball

2 tablespoons of peanut butter
= a ping-pong ball

The amount of calories you eat affects your weight and health. In addition to selecting a healthy variety of foods, look at the size of the portions you eat. Choosing nutritious foods and keeping portion sizes sensible may help you reach and stay at a healthy weight.

Source: NIH



Orchards of Sweet Apple
Sold out in 2005

St. Patrick's Day

The community got together
for a fun filled night of green
in honor of St. Patrick's Day.

The Orchards Group offers any of The Orchards homeowners a place to list classified ads for free. We will advertise personal items only; no real estate sales, please. This section will be offered on a first come, first served basis. We will need to know the item for sale, your asking price and your phone number. Due to production deadlines, we will need your information by the first of each month. Then your ad will appear in the subsequent month's new letter. It's easy! Just call Stacy Wheelus at 678-795-0200 ext 210. Or, if you prefer, you can e-mail your ad to swheelus@orchardsgroup.com.

In order to keep interest in the classified ad section, we will only keep an item in for 3 issues. After it appears in the third issue the ad will be pulled.

FOR SALE

Window treatment for window size 110 3/4"W 75 1/4"H. Fits Great room window for Hampton floor plan. Colors: gold, green, red stripe. Paid \$1,000.00. Asking \$300.00. Never used.

Queen size comforter & shams. Grey w/silver trim. Like new. \$75.00.

Fine china - Vintage 6701 Grape. 8 - 5 place settings with extra serving bowls. \$100.00.

Four floor rugs. Runners and area rugs. Different sizes. Must see. Party/entertaining trays, platters, etc. Several to choose from. Make offer.

Tassel Trim. 5 1/2 yds. Colors: soft gold, soft green and soft red. Never used. \$50.00. Original cost was \$18.00 a yd.

Full/standard size wrought iron head board w/frame. Cream color with brass/gold trim. Like new condition. \$150.00 or best offer.

Call Eileen at 770-889-9454

2 Motor Chairs For Sale. Shop Rider Sprinter Scooter. Used less than 5x. retails for \$5-6K New. \$2,000. Pride Mobility Jazzy Select. Gently Used. \$1,500. Call Rose 678-277-9900

Wheelchair. Like New, \$1,000. Call Barbara: 770-851-7778

Hunter 52" White Summer Breeze® Ceiling Fan (no lights).

48" Ceiling Fan with 3 Lights \$35 each. Call Sharyn 678-242-0251

Queen Bed Comforter Set. Includes skirt, 2 shams, fall colors reversible floral/solid excellent condition. \$35. Call Carol 678-349-2206

WANTED

90's or newer auto with low miles, good condition. Call Bill 770-645-7824

Lazy boy type recliner. Brown or green fabric, no leather. Call Elizabeth at 678-352-1621

THE DINING DIVAS

THE LADIES OF MUIRFIELD AT WINDERMERE HAVE STARTED A LUNCH GROUP NAMED THE DINING DIVAS. HERE ARE A FEW PHOTOS FROM THEIR FIRST OUTINGS. LOOKS LIKE FUN AND LOVE THE NAME!





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MAY RESALES & LISTINGS...

**ALL OUR HOMES ARE OPEN TO THE PUBLIC ONCE A MONTH.
CALL IF YOU ARE INTERESTED IN COMING TO AN OPEN HOUSE.**

FOR SALE

The Orchards at Sweet Apple. 106 Sweet Apple Circle. Canterbury floor plan with third bedroom conversion. This home features granite countertops, designer paint, central vacuum and plantation shutters. Great price for sought after Sweet Apple community. \$249,900.

Orchards of Crabapple. 4437 Orchard Trace. 2-bedroom/2-bath Abbey floor plan. This unit is freshly painted, newer carpet and hardwoods in kitchen. Best deal in Roswell and you can walk to shopping. \$215,000.

The Orchards of Habersham. 2580 Grapevine Circle. Former Asheville model. 2-bedroom with activity room upstairs. Extra cabinets in the kitchen, surround sound and sun tunnels are just a few of the upgrades. Professionally decorated and furnished. All furniture is included at this great price. All you need is your tooth brush. \$258,000.

UNDER CONTRACT

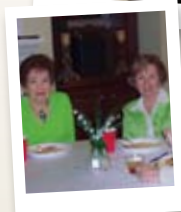
The Orchards of Windward. 3005 Oakside Circle. Finally a Hamilton Floor Plan. Very traditional 2-bedroom floor with extensive molding. A Covered porch welcomes you to this home. Some of the features include cherry cabinets, a huge dining room and sunroom all in this gated community for \$225,000.



DEAR FRIENDS & NEIGHBORS,

Things have really started to move in the real estate market this past month. It seems like we are finally getting some mobility in the market. There have been sales in several of the communities. Perhaps many people have been taking advantage of the tax credit being offered.

Seeing familiar faces and meeting some new ones has been wonderful. I would like to thank The Orchards of Hopewell for letting me be a part of their flag dedication. Also, thanks to The Orchards of Sweet Apple for letting me take pictures at their Saint Patrick's Day Celebration.



Since I have been back with The Orchards, I have acquired several new buyers who are interested in settling in one of our established communities. Now is the time to get your home ready to put on the market. Interest rates are low, and we have access to all The Orchards Group prospective buyers generated by the new homes marketing program.

Give us a call and let us tell you how to get your home on the market and sold!

Best Regards,

Geri Beckmann, Resales Specialist
Orchards Development, LLC
404-290-2330