

# NEIGHBORHOOD NEWS

The  
ORCHARDS  
Group

WINTER 2018

**COMMUNITY  
UPDATES**

**LET'S GET  
MOVING**

**THINGS TO DO  
AROUND TOWN**

## 38 Homes SOLD at The Orchards of Park Ridge!



The Ashewood



We are very excited to let you know that the sales pace has been fantastic at The Orchards of Park Ridge in Buford, Ga., with this community already receiving rave reviews.

"Clearly there has been a demand in this area that we have tapped into and fully expect The Orchards of Park Ridge to be a smashing success," said Deborah Reahm, sales counselor for The Orchards Group.

"When you tie together the strong value of our homes, the maintenance-free lifestyle we offer, the clubhouse and pool (currently under construction), and the wonderful people who have already purchased here, we expect sales to continue to flourish," said Craig Smith, sales counselor for The Orchards Group.

The Orchards of Park Ridge, priced from the \$250s - \$290s, is located just 2 miles from I-85 at exit #120/ Hamilton Mill Road, within 10 minutes of the Mall of Georgia and close to every convenience you'll

need. Featuring full brick, "Active Adult 55+" Ranch Condominium homes, our most popular plans (The Ashewood and The Charleston) are being offered with included screened porches (sunrooms optional); convenient, partially finished storage rooms; and optional finished bonus rooms and baths.

A gated entrance, Grand Clubhouse with fitness center, outdoor saltwater pool and a carefree-lifestyle are all waiting for you here.

Our Model Homes showcase many of our distinctive design features and designer upgrades. We welcome everyone to come visit 7 days a week.

Monday – Friday 10 am - 5 pm

Saturday 11 am - 5 pm

Sunday 1 - 5 pm

Or call 678-513-8879.

## The Orchards of Cherokee Station Now Selling

Paving is complete. Model homes are under construction. Landscaping is underway. And most importantly, we are NOW SELLING in The Orchards of Cherokee Station, the newest community offered by The Orchards Group. The Orchards of Cherokee Station offers two distinctive series of homes: Our ever popular "Southern Heritage" Ranch Condominium homes as well as our value packed "Villa" Townhome plans. Each series offers several exciting floorplans with common features such as screened porches (sunrooms optional); upstairs bonus rooms and lofts (per plan); gourmet kitchens with maple cabinetry and granite countertops; large first floor owner's suites, which are all "oversized" for king size beds and accessory furniture; luxurious master baths with large "marble surround" showers and walk in closets; 9- and 10-foot ceilings (per plan); fireplaces; 2-car garages; and so much more. Priced from the \$260s - \$370s, The Orchards of Cherokee Station is located in the historic Hickory Flat neighborhood in south central Cherokee County, about halfway between Roswell and Woodstock. Shopping, restaurants and medical facilities are all located within a 2- to 10-minute drive. This intimate neighborhood will feature a total of just 82 homes.

As is the case with all The Orchards neighborhoods, a maintenance free, carefree lifestyle that provides peace of mind coupled with a grand clubhouse featuring a fitness center, large gathering spaces for homeowners' social events and parties, plus an outdoor saltwater pool combine to offer a new living experience for active adults and seniors not easily duplicated.

With only 82 homes available in this high-demand location, we expect a quick sales pace and hope to be sold out within 12 months or less. We invite your inquiry.

**PLEASE NOTE:** With our four model homes and sales center still under construction, we do not yet have a sales team on site. Please call 678-513-8879 for more information or go to our website at: [www.OrchardsGroup.com](http://www.OrchardsGroup.com)



The Charleston



The Dogwood



The Cypress

## LET'S GET MOVING

### What Can Exercise Do for You?

The Orchards communities are ideal for moving! Grab some neighbors and start a walking club. Plan ahead for swimming each summer at the Grand Clubhouse pools. Use variety to keep exercise interesting and beneficial for various parts of your body:

- Endurance, or aerobic, activities increase your breathing and heart rate. Brisk walking or jogging, dancing, swimming and biking are examples.
- Strength exercises make your muscles stronger. Lifting weights or using a resistance band can build strength.
- Balance exercises help prevent falls.
- Flexibility exercises stretch your muscles and can help your body stay limber.

### Exercise Wisely

- Start slowly, especially if you haven't been active for a long time. Little by little build up your activities and how hard you work at them.
- Don't hold your breath during strength exercises. That could cause changes in your blood pressure. It may seem strange at first, but you should breathe out as you lift something and breathe in as you relax.
- Use safety equipment. For example, wear a helmet for bike riding or the right shoes for walking or jogging.
- Unless your doctor has asked you to limit fluids, be sure to drink plenty when you are doing activities. Many older adults don't feel thirsty even if their body needs fluids.
- Always bend forward from the hips, not the waist. If you keep your back straight, you're probably bending the right way. If your back "humps," that's probably wrong.

Source: NIH: National Institute on Aging

**QUICK TIP:** You don't need to buy special clothes or belong to a gym to become more active. Physical activity can and should be part of your everyday life. Go for brisk walks. Ride a bike. Dance. Work around the house. Garden. Climb stairs. Swim. Rake leaves. Try different kinds of activities that keep you moving. Look for new ways to build physical activity into your daily routine.



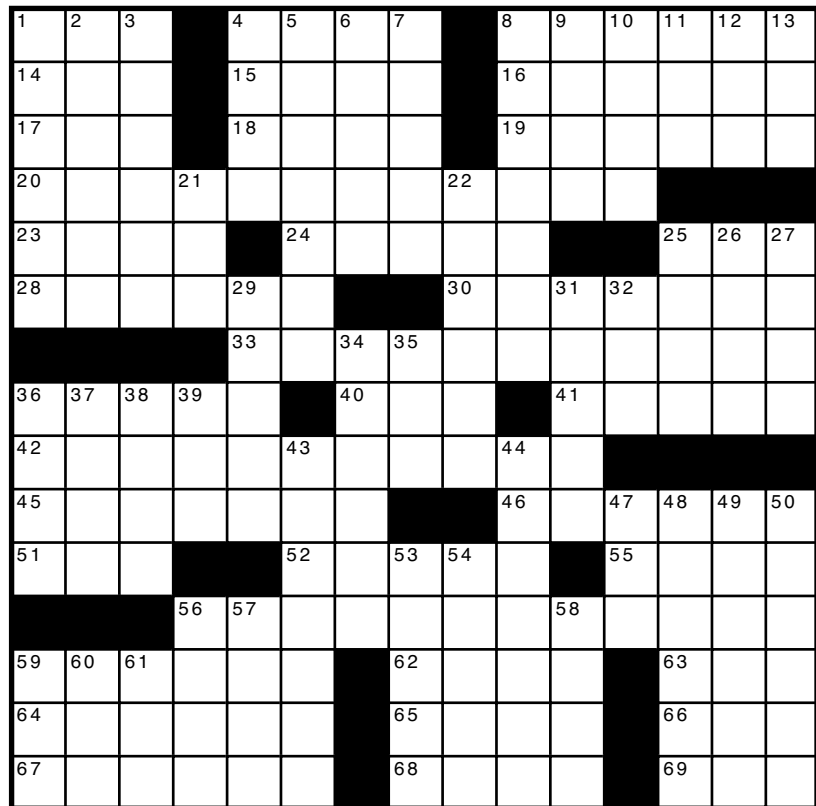
## Across

1. Takes too much
4. Intend
8. Allege
14. Vietnamese New Year
15. He sang about Alice
16. Planks
17. The 19th letter of the Greek alphabet
18. River sediment
19. One who enjoys inflicting pain
20. Loving
23. Woven fabric
24. Pertaining to the kidneys
25. Numbered rd.
28. Whatever person
30. The act of twisting
33. Hodgepodge
36. Butler's love
40. Feeling of self-importance
41. "Lovergirl" singer \_\_\_\_ Marie

42. Means of supporting life
45. Make sure
46. Valuate
51. Summer drink
52. Fluff, as bangs
55. Ditto
56. Characteristic of journalism
59. Spot on the skin
62. Inter \_\_\_\_
63. Hot time in Paris
64. Accept as true
65. The wolf \_\_\_\_ the door
66. Skin color of Washington football players!
67. Wager
68. Alley
69. Wind dir.

## Down

1. Capital of Canada
2. Destroy hearing



3. Poorly ventilated
4. Not fem.
5. Asmara is its capital
6. Kate & \_\_\_\_
7. \_\_\_\_ your life!
8. Third son of David
9. Layer of paint
10. Mediterranean juniper
11. Altdorf's canton
12. Radical '60s org.
13. Superlative suffix
21. DDE's command
22. Country
25. Teeming
26. Ripped
27. "Only Time" singer
29. Marsh of mystery
31. Gives a 9.8, say
32. Litigate against
34. Mailed communique
35. Bigger than med.

36. Greek peak
37. Colored
38. Busy as \_\_\_\_
39. Queue after Q
43. Locate
44. Southeasternmost hill of Rome
47. Draft org.
48. Diners
49. Strikes
50. Pull out
53. For want of \_\_\_\_...
54. Chip dip
56. Martial art
57. Actor Ken
58. Must've been something \_\_\_\_
59. AT&T rival
60. Upper limb
61. Large, brown-capped mushroom

# MARK YOUR CALENDARS!

Jan. 15

## **Free Entrance Day at National Parks**

Come experience the national parks free today! Here in Georgia you can visit parks including the Chattahoochee River National Recreation Area and Kennesaw Mountain National Battlefield Park.

Jan. 18 - 21

## **Atlanta Boat Show**

See the latest in boating plus seminars, interactive exhibits, Kids' Zone and more. Ticket information online at [AtlantaBoatShow.com](http://AtlantaBoatShow.com). Georgia World Congress Center, Atlanta.

Jan. 20 - 21

## **Callanwolde Arts Festival**

This annual, indoor art festival features 86 fine artists, demonstrations, live acoustic music and gourmet food trucks at Callanwolde Fine Arts Center. Ticket information online at [callanwoldeartsfestival.com](http://callanwoldeartsfestival.com).

February 9 - 11, 2018

## **North Atlanta Home Show**

More than 150 companies display the latest home improvement products and services at the North Atlanta Home Show. Infinite Energy Center, Duluth. [atlantahomeshow.com](http://atlantahomeshow.com).

March 3 and 10

## **Harlem Globetrotters**

Catch the entertaining and talented Harlem Globetrotters shoot hoops at Duluth's Infinite Energy Center or at Atlanta's Philips Arena. Afternoon and evening shows. Ticket information at [harlemglobetrotters.com](http://harlemglobetrotters.com).

- 8-10 chicken tenderloins
- 1 yellow onion, chopped
- 3/4 cup packed organic brown sugar
- 1/4 cup unbleached all purpose flour
- 2/3 cup water
- 1/3 cup white vinegar
- 1/3 cup soy sauce
- 2 T organic ketchup
- 1 t prepared mustard
- 1/4 garlic powder
- 1/4 t pepper

## SWEET & SAUCY CROCK POT CHICKEN

Place chicken and chopped onion in crock pot. In a small saucepan, combine brown sugar and flour. Stir in the water, vinegar and soy sauce. Add the ketchup, onion, mustard, garlic powder, salt and pepper. Bring to a boil; cook and stir for 1-2 minutes or until thickened. Pour over chicken. Cover and cook on low for 6-8 hours. Serve with rice or noodles if desired.

Serves 6.

CROSSWORD ANSWERS

1	O	D	S		4	M	E	A	N		8	A	C	C	U	S	E	
14	T	E	T		15	A	R	L	O		16	B	O	A	R	D	S	
17	T	A	U		18	S	I	L	T		19	S	A	D	I	S	T	
20	A	F	F	21	E	C	T	I	O	N	22	A	T	E				
23	W	E	F	T		24	R	E	N	A	L			25	R	T	E	
28	A	N	Y	O	29	N	E			30	T	O	R	S	I	O	N	
					33	G	A	L	34	L	I	M	A	U	F	R	Y	
36	O	H	A	R	A		40	E	G	O		41	T	E	E	N	A	
42	S	U	B	S	I	S	T	E	N	C	E							
45	S	E	E	T	O	I	T			46	A	S	S	E	S	S		
51	A	D	E			52	T	E	A	S	E		55	S	A	M	E	
				56	J	O	U	R	N	A	L	I	S	T	I	C		
59	M	A	C	U	L	A			62	A	L	I	A		63	E	T	E
64	C	R	E	D	I	T			65	I	S	A	T		66	R	E	D
67	I	M	P	O	N	E			68	L	A	N	E		69	S	S	E

### SEE A SHOW AT THE CUMMING PLAYHOUSE

Located at 101 School Street, the Cumming Playhouse is inside the 1923 Cumming Public School, a structure named to the National Register in 2000. As a performing arts venue, The Cumming Playhouse provides quality entertainment throughout the season offering plays, musicals, and concerts with fine dining provided by Tam's Backstage Food and Spirits.

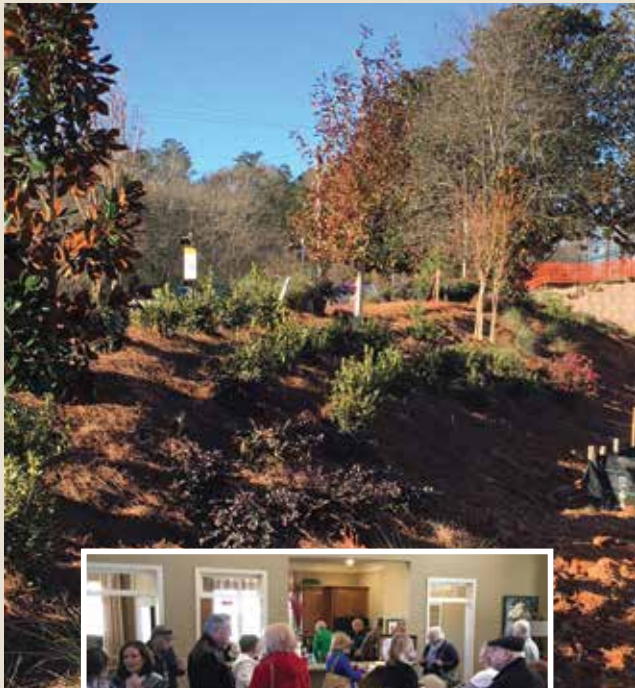
For more information visit [www.playhousecumming.com/Events](http://www.playhousecumming.com/Events).



11660 Alpharetta Hwy  
Suite 515  
Roswell, GA 30076

Presorted Std  
US Postage  
**PAID**  
Mailed From Zip 30304  
Permit # 6849

# THE ORCHARDS OF CHEROKEE STATION



*Top left: Entry landscape*

*Above: Paving being completed*

*Below: Models under construction*

*Below left: Bird's eye view*

*Middle left: Homesite selection lottery*

