

NEIGHBORHOOD NEWS



WINTER 2017

**BIG CREEK -
NEARLY SOLD OUT**

**WINTER ACTIVITIES
IN ATLANTA**

**SCENE AROUND
THE ORCHARDS**

WHAT'S NEW



The Charleston - Ranch Condominium

THE ORCHARDS OF BIG CREEK: 85% SOLD. 50% CLOSED.

At The Orchards of Big Creek, 76 of the 89 homes have now been sold, with 45 homeowners living in their brand new homes! The community's Grand Clubhouse and pool (open seasonally) are being enjoyed by our new homeowners and the social activities are now in place and expanding each month.

Our construction team is quite busy. With many new homes under construction and an average of 7 homes closed each month, The Orchards of Big Creek is very quickly taking shape and is taking on the appearance of a nearly complete neighborhood.

"It is incredible to think that less than 18 months ago

we were just starting sales and construction. Now look at this place. It's simply amazing," commented Craig Smith, sales counselor for The Orchards Group.

The Orchards of Big Creek offers a fantastic location. All shopping conveniences are accessible in less than 2 miles. The award winning "The Collection" shopping center (formerly known as "The Avenue") is less than 10 minutes away. Best of all is the incredibly close proximity to both Fowler Park and The Big Creek Greenway bike and walking path. GA 400 is also less than 3 miles way. All in all, The Orchards of Big Creek is ideally situated for your new lifestyle.



The Ashewood - Ranch Condominium



Big Creek - Basements Lined Up
for Construction



The Cypress - Arbors Villa

The Orchards of Big Creek offers three distinct product lines.

The **Southern Heritage Collection** of our award winning Ranch Condominium plans comprises 52 of the 89 homes. All homes offer a screened porch as standard (sunroom optional), gourmet kitchen, large owner's suite with walk in closet and marble surround shower with seat. An abundantly sized activities suite / guest bedroom with full bath is featured upstairs. Less than 5 Ranch Condominium homes remain.

The **Arbors Collection** represents a truly unique blend of both Condominium and Townhome living. With only 25 in the community, all of these homes feature the owner's suite on the main level, but unlike the Southern Heritage Collection mentioned above also feature private rear yards. These homes are also 25%-30% larger than the Southern Heritage Collection.

Fewer than 5 Arbors homes remain to be sold with 3 on full daylight, walk out basements.

The **Cottage Condominiums (SOLD OUT!)** take it a step further by offering fully detached individual homes, but with the condominium advantages of full exterior maintenance just as in the Southern Heritage and Arbors homes.

The Orchards of Big Creek is open daily with 5 furnished model homes.

Monday – Friday 10 am – 5 pm

Saturday 11 am – 5 pm

Sunday 1 – 5 pm

Or call 678-513-8879.

We look forward to seeing you soon.

Deborah, Craig, & Joannie

WHAT ARE COMPLEMENTARY HEALTH APPROACHES?

Today, many people use complementary health approaches for a variety of diseases or conditions.

Complementary health approaches are medical and health care systems, practices, and products that originated outside of mainstream medicine. They include techniques performed by a practitioner (such as acupuncture, spinal manipulation, and massage therapy) and natural products (such as herbs, probiotics, and fish oil). Some approaches, including acupuncture and yoga, originated in Eastern countries such as China or India but are now used in Western countries as well.

Complementary vs. Alternative

When people talk about health care practices with non-mainstream origins, they often use the words “alternative” and “complementary” as though they mean the same thing, but the two words usually refer to different concepts.

- “Complementary” refers to use of a non-mainstream approach together with conventional medicine.
- “Alternative” refers to use of a non-mainstream approach in place of conventional medicine.

True “alternative” medicine is not common. Most people who use non-mainstream approaches use them along with conventional treatments.

Talk With Your Health Care Providers

If you’re using or considering any complementary health approaches, tell your health care providers. They need a full picture of what you do to manage your health. Keeping them informed will help ensure that your health care is coordinated and safe.

How Popular Are Complementary Health Approaches?

Many Americans use complementary health approaches. The 2007 National Health Interview Survey, a nationwide government survey, found that 38 percent of U.S. adults reported using complementary health approaches in the previous year. The most common conditions for which people used complementary approaches were back, neck, and joint pain.

NIH Research and Information on Complementary Health Approaches

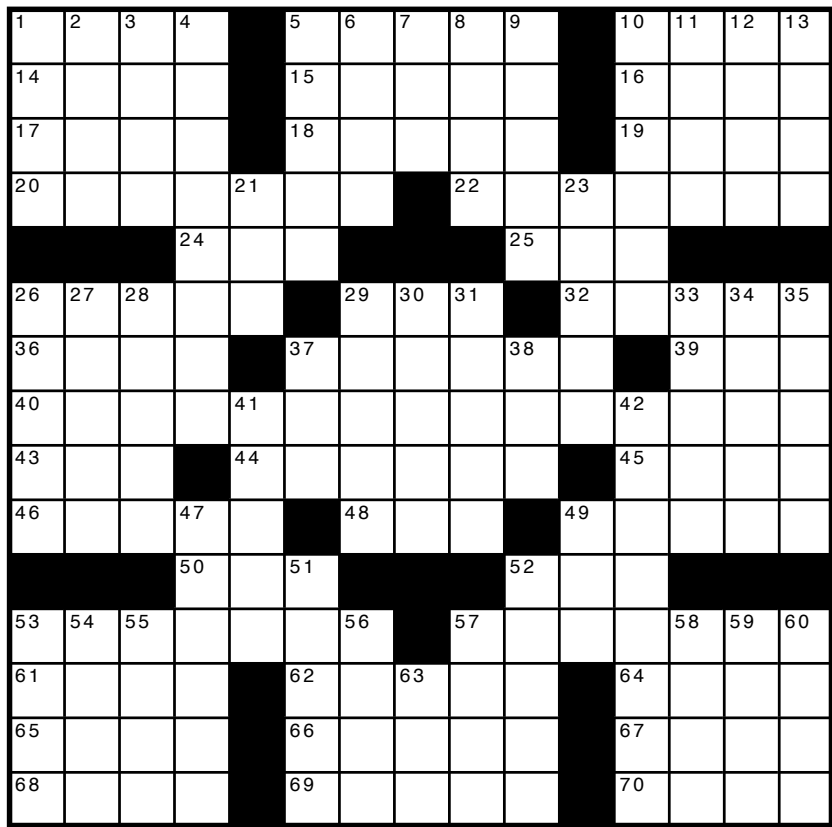
The lead agency at NIH for scientific research on complementary health approaches is the National Center for Complementary and Alternative Medicine (NCCAM). You can visit NCCAM’s Web site at www.nccam.nih.gov for an introduction to complementary health approaches, statistics on their use, and information on specific approaches and health conditions.

Source: NIH Senior Health



Across

1. Round object, often used to store computer data
5. Form of oxygen
10. Franklin D.'s mother
14. Move slowly
15. Broadcaster
16. Israel's Barak
17. Juan's water
18. Animal trap
19. American space agency
20. Like "Don Quixote," e.g.
22. Tenth month of the year
24. Figs.
25. Sailor
26. Noted duck
29. 1959 Kingston Trio hit
32. Key ____
36. Human bone, located in the arm
37. Taken care of
39. ____ Lingus
40. In spite of
43. Cedar Rapids college
44. Tin plate
45. The most heavily populated continent on Earth
46. China's Zhou ____
48. Small batteries
49. Primp
50. Flight
52. Kind
53. Ancient country in N Africa
57. Lighted by Earth's satellite
61. Gator's kin
62. Good ____
64. Architect Saarinen
65. Opponent
66. Jewelled crown worn by women
67. German river
68. Hammett hound
69. Colorado resort
70. Dagger of yore



Down

1. Buenos ____
2. Swenson of "Benson"
3. Rabbit's tail
4. Portable power saw
5. Fertile area in a desert
6. Bluish white metallic element
7. Man-mouse link
8. Adopted son of Claudius
9. Construct
10. Lady of Spain
11. Captain of the Pequod
12. Trick
13. Purim month
21. Siegfried's partner
23. Claw
26. Dolt
27. Crazy as ____
28. Chip maker
29. Conductor Zubin
30. Seed covering
31. Pays to play
33. Bluffer's ploy
34. Bottled spirit
35. Church instrument
37. RR stop
38. Convert into leather
41. Greek epic poem
42. Absence of light
47. Actress Silverstone
49. Arafat's org.
51. Mazda model
52. Herbert Hoover, for one
53. Final Four org.
54. Coffee servers
55. Feminist Lucretia
56. Garage sale sign
57. Trifling
58. The Tower of Pisa does this
59. Dies ____
60. Sped
63. Doze

MARK YOUR CALENDARS!

WARM UP YOUR WINTER WITH AREA EVENTS!

Jan. 14

Monster Jam at the Georgia Dome

It's time for Monster Jam. The Dome will be taken over by monster trucks such as Grave Digger and El Toro Loco. The crowd goes wild with tricks and car crushing! The grandkids will love it, but pack some headphones or ear plugs. Tickets start at \$10.

<http://www.monsterjam.com/>

Jan. 21-22

Callanwolde Arts Festival

This two day festival features more than 86 painters, photographers, sculptors, metalwork, glass artists and jewelers. Plus enjoy live music, food trucks, and more. Purchase tickets in advance at website.

<http://callanwoldeartsfestival.com/>

March 18 & 19

The Model Train Show

All aboard! See more than 250 vendors, win door prizes, see working displays, and more. \$10. Kids 12 and younger are free. Scouts in uniform enter free. Cobb Galleria, Atlanta.

<http://www.themodeltrainshow.com/>.

Jan. 27 - 29

Atlanta Camping & RV Show

Meet RV dealers and manufacturers, and see the latest models of motor homes, fifth wheels, campers, and travel trailers at the Atlanta Camping & RV Show at Atlanta Exposition Center South.

<http://www.atlantarvshow.com>

Feb. 21

Free Day at Callaway Gardens

Explore 2,500 acres of gardens and forest on Founders' Day at Callaway Gardens in Pine Mountain, Ga. It repeats every year on Feb. 21 and Nov. 6. For more information, visit

www.callawaygardens.com



ADD SPICE TO A COLD WINTER'S NIGHT

Gather with friends and neighbors around a fire and enjoy this warm mug.

HOT SPICED WINE

Ingredients

- 1/2 cup sugar
- 1/4 cup water
- 10 whole cloves
- 1 teaspoon ground cinnamon
- 3 peppercorns, whole
- 1/4 teaspoon nutmeg (to taste)
- 1 orange, juiced
- 1 bottle red wine
- Cinnamon sticks (optional)

1. Combine all ingredients except wine in a pan and boil for five minutes.
2. Reduce heat, add wine. Heat to the point where it is just before boiling. (Try to avoid boiling; the alcohol will begin to evaporate.)
3. Strain into cups and serve hot.
4. Garnish with cinnamon sticks, if desired. Serves four.

Source: Food.com



CROSSWORD ANSWERS

1	D	I	S	C		5	O	Z	O	N	E		10	S	A	R	A	
14	I	N	C	H		15	A	I	R	E	R		16	E	H	U	D	
17	A	G	U	A		18	S	N	A	R	E		19	N	A	S	A	
20	S	A	T	I		21	R	I	C		22	O	C	T	O	B	E	R
				24	N	O	S				25	T	A	R				
26	D	A	I	S	Y		29	M	T	A		32	L	A	R	G	O	
36	U	L	N	A		37	S	E	E	N	T	O		39	A	E	R	
40	N	O	T	W		41	I	T	H	S	T	A	N	42	D	I	N	G
43	C	O	E		44	L	A	T	T	E	N		45	A	S	I	A	
46	E	N	L	A	I		48	A	A	S		49	P	R	E	E	N	
				50	L	A	51	M			52	I	L	K				
53	N	U	M	I	D	I	A		57	M	O	O	N	L	I	T		
61	C	R	O	C		62	A	S	N	E	W		64	E	E	R	O	
65	A	N	T	I		66	T	I	A	R	A		67	S	A	A	R	
68	A	S	T	A		69	A	S	P	E	N		70	S	N	E	E	

SCENE AROUND THE ORCHARDS



Above: Fall Gala at Stoney Point



Top Right: Labor Day BBQ and Cookout at Windward



Right: Halloween Party at Windward



Far Right: Halloween Costume Party at Habersham Grove

Below: Roaring '20s Party at Habersham Grove

